

Jelm Mountain Run
10+ miles, 2000+ feet
September 19, 2009 — 9 AM

Jelm Mountain Run benefits Albany County Sheriff's Search and Rescue!

- ❖ Registration and race start will be at the base of Jelm Mountain, located 3 miles south of Woods Landing, Wyoming.
- ❖ Race day registration will be from 7:30am until 8:45am.
- ❖ Entry fee is \$30 by Sep 12 and \$35 for registrations received after the 12th. **Entry fee includes a race day hooded sweatshirt.** (no shirt option is also available, subtract \$15)
- ❖ **High Plains Harriers** members receive a \$5 discount for this event! Check into membership on the HPH website: <http://highplainsharriers.org/>
- ❖ Walkers are welcome to participate!

For more information, please contact:

Patrick Eastman
1604 Sheridan Street
Laramie, WY 82070
(307) 760-4930
email: patrick_eastman@yahoo.com

Registration and Waiver

Name: _____

Address: _____

City: _____ State: _____ Zip: _____ Sex: M F

Email: _____

Birth date: _____ Age on race day: _____

Sweatshirt size: S M L XL No Shirt

I, the undersigned, knowingly accept and fully understand the inherent risk in trail running. For acceptance of my registration in this event, I hereby release race organizers, Albany County Sheriff's SAR, WIRO, BLM, volunteers, participants and sponsors from any and all claims or liabilities which may arise from my participation in the competition.

Signed (If under 18, parent or guardian must sign)

Date

Fees: \$30 *received* on or before September 12, 2009
\$35 *received* after September 12, 2009
\$5 discount for members of High Plains Harriers
(no shirt option: subtract \$15)

Please return signed form along with entry fee to:

Jelm Mountain Run
c/o Patrick Eastman
1604 Sheridan Street
Laramie, WY 82070

Make checks payable to High Plains Harriers

Registration also available at: 